



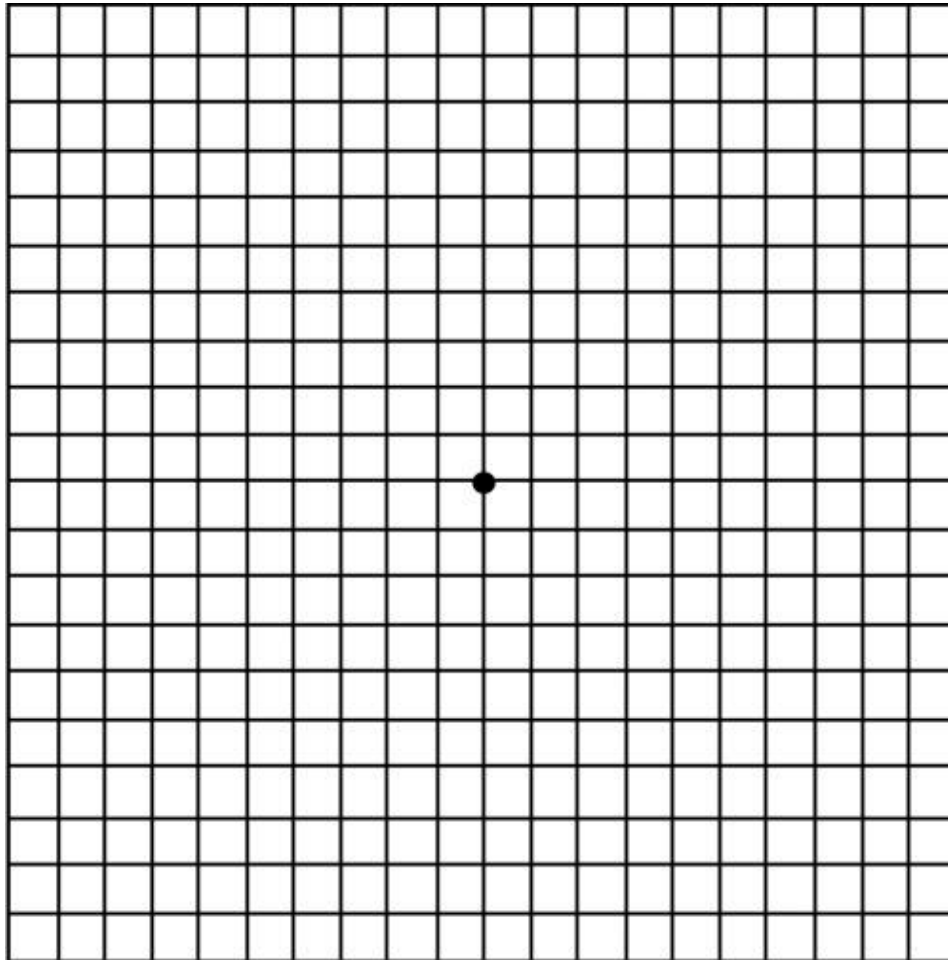
EYE CENTERS

OF NORTHWEST OHIO LLC

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Instructions for using the Amsler Grid

1. Hold approximately 12"-14" in front of the eye
2. Wear your glasses. Use bifocals if you have them.
3. Test one eye at a time.
4. Look at the center dot only.
5. Check for wavy lines or blank areas near the center.
6. Keep your eye on the center dot – do not scan.
7. Do not check more than once daily.
8. Report any changes to us immediately.